

What Kind of Services do we Provide?

PCHS Dental Clinics have recently increased the types of services provided to patients. We also offer referral services for patients in need of specialized care.



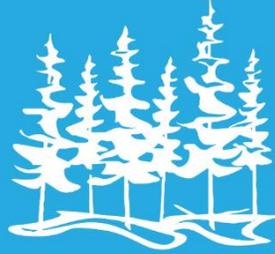
Our Dental Clinics offer patients the following services:

- Preventative care
- Oral examinations
- Periodontal therapy & surgery
- Digital x-rays
- Emergency care
- Teeth cleanings
- Restorative fillings
- Oral surgery (complex cases may be referred to a specialist)
- Root canals (case by case basis)
- Crowns & bridges; partial and full dentures

Specialized Dental Care

PCHS staff will also make every effort to connect you to our network of community specialty providers to get the care you need if your needs fall outside of our services.

*PCHS Exemplifies a culture of
community service*



**Peninsula
Community
Health
Services**

PCHS Office: 360-377-3776

Extended Hours Line: 360-475-3729

Nurse Advice Line: 866-418-2920

www.pchsweb.org

Dental services are available at the following locations:

Almira

5455 Almira Drive NE, Bremerton, WA 98311

Belfair

31 NE State Route 300, Suite 200, Belfair, WA 98538

Port Orchard

1950 Pottery Avenue, Suite 170, Port Orchard, WA 98366

Poulsbo

19705 Viking Avenue NW, Suite 201, Poulsbo, WA 98370

Silverdale

3100 NE Bucklin Hill Road, Suite 202, Silverdale, WA 98383

Sixth Street

616 6th Street, Bremerton, WA 98337

Key Peninsula

11901 137th Ave Ct NW, Gig Harbor, WA 98329

Mobile Dental Clinic

Multiple Locations



**Peninsula
Community
Health
Services**

Your Patient-Centered Dental Home



**Dental Care
Services**



*Providing dental care to all for a lifetime of
happy, healthy, and beautiful smiles*

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What to Expect with PCHS Dental Appointments

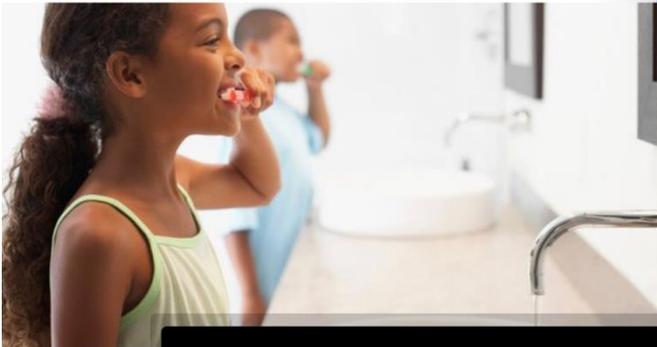
Examination. Both your dental hygienist and dentist will examine your teeth, gums, and mouth, to look for changes or signs of a problem.

X-Rays. At some of your dental visits, your dentist may decide to take X-rays of your teeth to look for any dental problem areas.

Cleaning and polishing. Your dental hygienist will remove the tartar and then polish your teeth.

Education. After the cleaning, the hygienist or dentist will discuss any dental hygiene areas that need improvement.

That's about it! Brushing your teeth 3 times a day and flossing are daily preventative care techniques to help keep your teeth and gums strong and healthy!



Since your oral health is closely related to your overall health, it's important to communicate any concerns or problems you are having to your care team.



Providing services to our communities with our patient-centered approach to care.



Taking the First Step

PCHS would like to see your child when their teeth begin to come in. We emphasize preventative care for children, offering education materials for both the patient and family members. We encourage scheduling regular dental check-ups.

Scheduling the First Appointment

To schedule your first appointment for yourself or any family member, call us at 360-377-3776 or visit us at www.pchsweb.org and use our chat for faster service!

Your Dental Check-Up

You can help protect your oral health by seeing your dentist regularly for check-ups. It's recommended that most people get a dental check-up every six months, but your dentist may recommend more frequent or fewer visits, depending on your dental health history.



Did you know that your oral health offers clues about your overall health? Pregnancy causes hormonal changes that put you at increased risk for potential disease. It is important to inform your dental provider if you are or are planning on becoming pregnant.

Great dental care can help create a lifetime of happy, healthy, and beautiful smiles.

Let PCHS help YOU take charge of your oral health!

Paying for Your Visit

PCHS accepts most medical insurance plans including Apple Health. All patients are eligible to apply for our sliding fee discount, which allows you to pay a reduced fee based on your income. PCHS services are available to patients without regard for ability to pay. This does not mean that services are free, but rather that a payment plan can be created, or other resources may be available to ensure cost is not a barrier to care.

