

## What is Peninsula Community Health Services?

Peninsula Community Health Services (PCHS) is a nonprofit Community Health Center that exemplifies a culture of community service.



Peninsula Community Health Services was founded in 1987 as a community clinic in downtown Bremerton and became a federally qualified health center (FQHC) in 1993. PCHS includes primary medical, dental, behavioral health counseling, substance use treatment, pharmacy services, and health education and promotion activities for all stages of life.

Services are provided to all patients regardless of their insurance status or ability to pay. PCHS patients may qualify for a sliding fee discount based on their household income and family size. PCHS delivers a comprehensive and integrated approach to health care services and has many sites accredited as a Patient-Centered Medical and Dental Home by the Accreditation for Ambulatory Health Care (AAAHC).

*The guiding principle of PCHS is to see and value every person*

*PCHS exemplifies a culture of community service*



PCHS Office: 360-377-3776  
Extended Hours Line: 360-475-3729  
Nurse Advice Line: 866-418-2920  
[www.pchsweb.org](http://www.pchsweb.org)

### **Agape**

*Behavioral Health*  
4841 Auto Center Way, Suite 203,  
Bremerton, WA 98312

### **Bainbridge Island Clinic**

*Medical, Behavioral Health*  
162 Winslow Way W,  
Bainbridge Island, WA 98110

### **Children's Clinic**

*Medical, Behavioral Health*  
9951 Mickelberry Road NW  
Ste 101  
Silverdale, WA 98383

### **Family Dental Care**

*Dental*  
3102 Wheaton Way,  
Bremerton, WA 98310

### **Key Peninsula**

*Medical, Dental, Behavioral Health,  
Pharmacy (Drive-Thru)*  
11901 137th Ave. Ct.  
NW, Suite A, Gig Harbor, WA 98329

### **Pacific Building Clinic**

*Medical*  
4459 SE Mile Hill Drive, MED-1,  
Port Orchard, WA 98366

### **Port Orchard**

*Dental*  
1950 Pottery Ave, Suite 170,  
Port Orchard, WA 98366  
*Medical, Pharmacy, Behavioral Health*  
320 South Kitsap Blvd,  
Port Orchard, WA 98366

### **Powder Hill**

*Medical, Pharmacy, Behavioral Health*  
19586 10th Ave NE, Poulsbo, WA 98370

### **Almira**

*Medical, Dental*  
5459 Almira Drive NE,  
Bremerton, WA 98311

### **Belfair**

*Medical, Dental, Pharmacy, Behavioral Health*  
31 NE State Route 300, Suite 200, Belfair,  
WA 98528

### **Clare Avenue**

*Medical, Dental, Pharmacy,  
Behavioral Health*  
2720 Clare Avenue,  
Bremerton, WA 98310

### **Franklin**

*Medical*  
627 West Franklin Street,  
Shelton, WA 98584

### **Kingston**

*Medical, Behavioral Health*  
25989 Barber Cut Off Road NE,  
Kingston WA 98346

### **Pendleton Place Clinic**

*Medical*  
5454 Kitsap Way, Room #343,  
Bremerton, WA 98312

### **Poulsbo**

*Dental*  
19705 Viking Avenue NW, Suite 201,  
Poulsbo, WA 98370

### **Silverdale**

*Medical, Dental, Behavioral Health*  
3100 Northwest Bucklin Hill Road,  
Suite 202, Silverdale, WA 98383

### **Sixth Street**

*Medical, Dental, Pharmacy, Behavioral Health*  
616 6th Street, Bremerton, WA 98370



Your Patient-Centered Health Home



## **PCHS Services for Our Communities**



Providing services to our communities with our patient centered approach to health care

[www.pchsweb.org](http://www.pchsweb.org)



## Behavioral Health

PCHS provides behavioral health (BH) services as an integrated part of our primary care program. We offer:

- Care coordination with primary care providers
- Depression counseling
- Anxiety counseling
- Medication assisted treatment for addiction
- Healthy lifestyle counseling



## Pharmacy

PCHS provides our patients pharmacy services at our Belfair, Port Orchard, Poulsbo, Sixth Street, and Clare Avenue clinics. Each prescription comes through PCHS pharmacies gets a thorough check for drug and disease interactions, dosing safety, and therapy length. We offer:

- 340B program prescription discounts
- 90-day supplies to lower overall costs
- Prescription assistance programs
- Healthy lifestyle counseling
- Drive through pharmacies



## What Services does PCHS Provide? ---



## Medical

Our Almira, Belfair, Franklin, Kingston, Poulsbo, Port Orchard, Silverdale, Sixth Street, and Clare Avenue medical clinics provide comprehensive, primary medical services for both children and adults that emphasize a holistic, patient-centered approach to medical care. We offer:

- Routine physicals, minor surgery, illness, and injury treatment
- Immunizations & flu shots
- Chronic disease care
- Breast, cervical, & colon cancer screenings



## Mobile

PCHS has several mobile clinics: Medical, Dental, Quick Response Team (QRT), & Behavioral Health. PCHS clinics extend access to our patients with challenges around scheduling, transportation, or changing work schedules.

### Our Medical Mobile Clinic Offers:

- Screening, prevention, & routine check-ups
- Acute and chronic illness treatment
- Simple procedures and injury care

### Our Behavioral Health and QRT Mobile Clinics Offer:

- Counseling & crisis intervention
- Coping skills & stress management
- Substance use support



## Dental

Our dental clinics help to keep smiles healthy from infancy through adulthood. We offer:

- Preventative care
- Oral examination
- Oral hygiene
- Digital x-rays
- Emergency care
- Dental education & information



## School-Based Care

PCHS has partnered with the Bremerton, Central Kitsap, North Kitsap, and North Mason school districts to provide students and their families access to medical and behavioral health services at Mountain View, Esquire Hills, Fairview, and on the North Mason School District campus. We offer:

- Sports physicals
- Mental, social, and emotional health care
- Preventative healthcare
- Referrals to specialty care within and outside of PCHS as needed

