

Peninsula Community Health Services HEALTH HISTORY QUESTIONNAIRE

| NAME: First: | MI: | _ Last: | DOB: / | _/ |
|--|-----|----------------------|-----------------------------|----------|
| PRIOR / OUTSIDE CARE | | | | |
| Previous PCP Specialist(s) | | ER / Hosp Reason: | ital visit within 12 month? | Yes No |
| Allergies | | NAME | REAC | FION: |
| NONEImage: LatexImage: Latex <t< td=""><td></td><td></td><td></td><td></td></t<> | | | | |

| MEDICATIONS | (Prescriptions, over-the-counter meds, supplements) | | | | | |
|-------------|---|---------------------------------|---------------|--|--|--|
| NAME | Dose / Strength | DIRECTIONS (AMOUNT / FREQUENCY) | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | *For additional please write of | NBACK OF FORM | | | |

| MEDICAL HISTORY | (CIRCLE ALL THAT APPLY TO YOU) | | | | |
|-----------------------------------|---|------------------------------|--|--|--|
| Alcohol Substance Use Disorder | Headaches | Mental Health disorder | | | |
| Anemia | Hearing concerns | Musculoskeletal concerns | | | |
| Blood disorder (Clots, bleeding) | Heart disorder (Arrythmia, congenital, CHF, MI / CAD, endocarditis, rheumatic fever) | Osteopenia / Osteoporosis | | | |
| Blood pressure (High, Low) | High Cholesterol | Seizures / Epilepsy | | | |
| Cancer (Chemo Radiation) | Immune disorder (HIV/AIDs, Rheum) | Sleep issues (Insomnia, OSA) | | | |
| Congenital / Development disorder | Kidney disorder (CKD, stone) | Stroke (CVA / TIA) | | | |
| Diabetes | Liver (cirrhosis, fatty, hepatitis) | Thyroid disorder | | | |
| Gastro (GERD, ulcer, polyp) | Lung disease (Asthma, COPD, PE) | Urinary disorder | | | |

DENTAL HISTORY

| Yes No | Has a health professional recommended antibiotics prior to dental work? |
|----------|--|
| Yes No | Have you ever had a blood transfusion, rheumatic fever, endocarditis, or significant heart disease? (e.g. congenital issues, valve repair/replacement, CABG/stent, pacemaker, etc) |
| Yes No | Are you taking or plan to take medication for bone thinning (osteopenia / osteoporosis) or skeletal disorders (e.g. Paget's Disease, multiple myeloma, metastatic cancer)? [e.g. Fosamax (alendronate) or Boniva, Actonel, Aredia, Zometa, Reclast, Prolia] |

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| SURGICAL HISTORY | | | | | |
|---|------|-------------------------------|---------------------|--|--|
| PROCEDURE | DATE | Gender-Specific | DATE | | |
| □ Appendectomy | | □ Breast (Biopsy, Mastectomy) | | | |
| Bariatric (Gastric Sleeve, Bypass) | | Colposcopy / LEEP / Endome | trial Biopsy) | | |
| □ Cholecystectomy (Gallbladder) | | Hysterectomy / Tubal ligation | | | |
| Colon (Polyp, Resection) | | | | | |
| ☐ ENT surgery (Ear tubes, Tonsillectomy) | | | | | |
| ☐ Heart (Valve, Bypass, Pacemaker) | | OB: #Preg #Deliveries | #C-section #Vaginal | | |
| 🗖 Hernia | | | | | |
| Joint Replacement | | Circumcision | | | |
| 🗖 Organ Transplant | | □ Prostate | | | |
| □ Thyroidectomy | | □ Vasectomy | | | |

| FAMILY HISTORY | (CIRCLE THOSE THAT APPLY TO FAMILY MEMBERS) | | |
|-----------------------------------|---|------------------------------|--|
| CONDITION | CONDITION | CONDITION | |
| Alcohol Substance Use Disorder | Headaches | Mental Health disorder | |
| Anemia | Hearing concerns | Musculoskeletal concerns | |
| Blood disorder (Clots, bleeding) | Heart (Afib, congenital, CAD, CHF) | Osteopenia / Osteoporosis | |
| Blood pressure (High, Low) | High Cholesterol | Seizures / Epilepsy | |
| Cancer (Chemo Radiation) | Immune disorder (HIV/AIDs, Rheum) | Sleep issues (Insomnia, OSA) | |
| Congenital / Development disorder | Kidney disorder (CKD, stone) | Stroke (CVA / TIA) | |
| Diabetes | Liver (cirrhosis, fatty, hepatitis) | Thyroid disorder | |
| Gastro (GERD, ulcer, polyp) | Lung disease (Asthma, COPD, PE) | Urinary disorder | |
| Comments: | | | |

| SOCIAL HISTO | DRY (HE | (HELP US GET TO KNOW YOU BETTER!) | | | | |
|-----------------|---------------------------------------|-----------------------------------|-------------------------|--|--|--|
| PLACE OF BIRTH: | OCCUPATION: | Новы | ES: | | | |
| MARITAL STATUS | : Single Long-term dating Married | Divorced Widowed # of | f kids # of pets | | | |
| 0 DO YOU USE | TOBACCO / NICOTINE PRODUCTS? | 🗖 Yes 🗖 No 🗖 Former | • <u>Do you have</u> : | | | |
| 0 DO YOU DRINK | ALCOHOL? | 🗖 Yes 🗖 No 🗖 Former | LIVING WILL? 🛛 Yes 🗖 No | | | |
| ○ DO YOU USE | MARIJUANA OR OTHER DRUGS? | 🗖 Yes 🗖 No 🗖 Former | DURABLE POA? | | | |

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|--|
| Publications Committee |
| |



| | PATIENT REGISTRATION INFORMATION | | | | | | | | | |
|--|----------------------------------|---------------|--------------------------|----------------------|---|--------------|-------------|-------------------|-----------|-------------|
| Legal Last Name: | | | | | Legal First Name: | | | | | |
| First Name Used: | | | | Middle Name: Suffix: | | | | | | |
| | Date of Birth: / | / | Sex at Birt | h: M | / F | Previous | Name: | | | |
| | Legal Sex: M / F | | Mother's N | Maider | n Name | : | | | | |
| | Address: | | L | | City: | | | | | |
| | State: | Zip: | | | Patient Email: | | | | | |
| | Mobile Phone: | 1- | | Prima | ary Phone: Yes Consent to text? Yes No | | | |]No | |
| | Home Phone: | | | | • | ne: 🗆 Yes | Consent to | | | |
| | Are you a School-Based Healt | h Patient | | | <u>, , , , , , , , , , , , , , , , , , , </u> | | How wou | ıld you li | ke to rec | eive your |
| | If YES which school: | in rationt | | | | | after-visi | t summa lPaper | ry? [| Portal |
| | How did you hear about us: [| 7 Advertis | ing 🗆 Prim | arv Ca | re Prov | ider □s | pecialist 🛛 | | Mouth | □Patient in |
| | | | Company | ۵Sc | cial Me | edia □C | Other | | | |
| | | | Emergen | icy Cor | ntact In | formation | | | | |
| | Name: | | | Relat | ionship | to Patient | | | | |
| Home Phone: Mobi | | | le Phor | | | | | | | |
| Guarantor Information (to wh | | | | whom | statemen | ts are sent) | | | | |
| Patient's Relationship to Guarantor: Addr | | | Addr | ess: | | | | | | |
| Guarantor Name (last, first): | | | | | Date of | Birth: | / | / | | |
| Home Phone: Mobi | | | le Phor | ne: | | | | | | |
| PCHS In-House Pl | | | | | | | | | | |
| □6th Street □ Clare Ave. □Port Orchard □Belfair □ Other If other, Name and location | | | ΠPo | oulsbo 🗆 | Key Peninsul | а | | | | |
| Primary Insurance | | | | | Secondary | , Insuran | ce | | | |
| □ I have no insurance, please contact me for options | | | | | | | | | | |
| Plan Name: | | | Plan Name: | | | | | | | |
| Last Name: | | | Last Name: | | | | | | | |
| First Name: Middle Initial: | | | | lame: | | L _ | Middle | Initial: | | |
| ID# Group# | | | ID# | | | Group# | ŧ | | | |
| ŀ | Address: | | | Address: | | | | | | |
| City, State, Zip: | | | City, State, Zip: | | | | | | | |
| DOB: / / Sex: M / F | | | DOB: / / Sex: M / F | | | | | | | |
| Relationship to Patient: | | | Relationship to Patient: | | | | | | | |

1 (rv. 4_2025) [Operations]

Insurance Authorization

I accept financial responsibility for all my professional services and/or supplies. Payment for services is due at the time rendered unless arrangements have been made.

I authorize my insurance to pay PCHS directly. I am financially responsible for any balance due. I authorize PCHS or the insurance company to release any information for claims unless specifically limited by me in writing.

Patient/Guardian Signature:

Date:

Lifetime Authorization For Billing Medicare *Medicare Recipients Only*

I request that payment for authorized Medicare benefits be made on behalf of Peninsula Community Health Services for any services provided to me.

Patient/Guardian Signature: _____

Date:____

I acknowledge that I have received a copy of my rights and responsibilities and the PCHS Clinic **Policies**. Initial:

| *UNIFORM DATA SYSTEMS-PCHS is required to collect the following information from our patients who utilize our services. The following information, when reported, does not include any personal identification information and is | | | | |
|---|---|--|--|--|
| confidential. | | | | |
| Marital Status(check one): Married Single | Widowed Divorced DSeparated DPartner | | | |
| Language: | Do you need an Interpreter? Yes No | | | |
| Ethnicity (check one):_ Mexican, Mexican American | n, or Chicano(a) 🛛 Puerto Rican 🖓 Cuban | | | |
| □ Another Hispanic, Latino(a), or Spanish origin □N | Iot Hispanic/Latino(a) Unreported/Refused | | | |
| Race (check all that apply): Asian Indian Chinese | e □Filipino(a) □Japanese □Korean □Vietnamese | | | |
| □ Other Asian □Native Hawaiian □ Other Pacific Is | lander 🛛 Guamanian or Chamorro(a) 🖓 Samoan | | | |
| Black/African American American Indian/Alaskar | n Native White Unreported/Refused | | | |
| | Check range of your household's annual income: | | | |
| How many people are in your household? | □\$0 - \$15,060 □\$26,650.01 - \$32,150 | | | |
| | □\$15,060.01 - \$21,150 □\$32,150.01 - \$37,650 □\$21,150.01 - \$26,650 □\$37,651 & Higher | | | |
| Migrant Worker Status | Veterans Status | | | |
| □Not a farm worker □Migrant □Seasonal | □Veteran □Not a Veteran | | | |
| Но | ousing Information | | | |
| □own/rent your home without help (NOT HOMELESS) | □Staying in a shelter-short term housing like the mission, | | | |
| Staying with Friends /Relatives (DOUBLING UP) | YMCA, etc (SHELTER) | | | |
| □Have concerns about your housing and want help(OT | HER) Living Somewhere not meant to be a home-no running | | | |
| □Living on the street, outdoor, in a car/travel trailer(ST | REET) water/heat (OTHER) | | | |
| □Staying in a treatment facility (TRANSITIONAL) | ☐Having been homeless in the last year and have housing | | | |
| □Living in public housing where all tenants get discoun | t now (TRANSITIONAL) | | | |
| rent (PUBLIC HOUSING) | ☐ Homebound | | | |



Peninsula Community Health Services

HEALTH INSURANCE PORTABLITY ACCOUNTABILITY ACT (HIPAA), PERSONAL HEALTH INFORMATION (PHI), AND HEALTH INFORMATION EXCHANGE (HIE)/COMMUNITY INFORMATION EXCHANGE (CIE)

Privacy Notice Acknowledgment

I acknowledge that I have received the Peninsula Community Health Services' Health Insurance Portability Accountability Act (HIPAA) pamphlet. I have been informed that any questions and/or comments about this notice can be directed to the Privacy Officer, Jennifer Kreidler-Moss, PharmD, CEO, at the following address and phone number:

Peninsula Community Health Services PO Box 960 Bremerton, WA 98337 (360) 377-3776

Notice of Privacy Practices

Peninsula Community Health Services (PCHS) maintains a record of your healthcare services. You may ask us to see a copy of that record. You may ask us to correct that record. We will not disclose your record to others unless you direct us to do so or unless the law authorizes or compels us to do so. You may request to see your record or get more information by contacting our Health Information Management Department at the following address and phone number:

Peninsula Community Health Services HIM Department PO Box 960 Bremerton, WA 98337 (360) 377-3776

Information Sharing

PCHS works in an integrated health system (i.e. medical, dental, pharmacy, mental health, substance use disorder, enabling/support services). For purposes of continuity and coordination of care, PCHS shares patient information within our own system of care. In order to better meet your healthcare needs, PCHS may also share patient information with community partners such as hospitals, schools, and jails to the extent allowed by law. Where patient privacy laws limit information sharing, PCHS will not share your information unless you give proper consent.

Consent to Participate in Health Information Exchange/Community Information Exchange

PCHS has agreed to participate in a Health Information Exchange (HIE) to share important elements of your care with other healthcare providers and Community Information Exchange (CIE) to coordinate community referrals unless you opt out of the HIE/CIE. Ultimately, participation leads to better, safer, more efficient care for you and your family.

NO to Participate The named patient, or their representative, does not consent to the disclosure of the patient's protected health information to HIE and CIE to carry out routine treatment and healthcare operations for continuity of care.

By my signature below I hereby acknowledge that I have been made aware of the availability of the Privacy Notice Acknowledgement, Notice of Privacy Practices, and PCHS' participation in the Health Information Exchange and the Community Information Exchange.

Patient Signature

Date

(Print) Guardian/Legal Representative Name

Relationship to Patient

Guardian/Legal Representative Signature

Date

Approved by Peninsula Community Health Services Publications Committee



Peninsula Community Health Services

NOTICE OF PATIENT RIGHTS AND RESPONSIBILITIES

Peninsula Community Health Services (PCHS) respects every patient. Patient Rights and Responsibilities explain what you can expect from us and what we expect from you.

As a patient, you have the right to:

- Be treated with respect and dignity in a safe and private setting.
- Respect for your cultural, social, spiritual, and personal values and beliefs.
- Take part in your health care and treatment.
- Know the names and professional status of the people caring for you.
- Ask questions and be informed about your illness and treatment, including options for your care and likely outcomes.
- Get another opinion about your care or change your provider.
- Privacy of your health records and the right to permit or refuse the release of information, except when required by law.
- Ask about the wide variety of services available through PCHS.
- Be informed of how to access care when the clinic is closed.
- Know about legal reporting requirements.
- Ask for special arrangements if you have a disability or need an interpreter.
- Receive information about living wills and have the intent of your wishes honored, as allowed by law.
- Consent to treatment, care, and services as allowed by law.
- Refuse treatment, care, and services as allowed by law.
- Know the cost of your care, ways you may pay for care, and ask for financial assistance if you need it.
- Refuse to be included in any research program or study.
- Receive information about ways of expressing comments and complaints.
- Report any issue or concern to the Washington State Department of Health at 1-800-633-6828. If you are a Medicare member and have a concern regarding quality of care, you can also contact Medicare at 1-800-633-4227. Medicare TTY/TTD users can call 1-877-486-2048.

PCHS is a licensed outpatient mental health and substance use disorder treatment agency. State law guarantees that as a patient, you have the right to:

• Receive services without regard to race, creed, national origin, religion, gender, sexual orientation, age, or disability.



- Practice your religion of choice as long as the practice does not infringe on the rights and treatment of others or the treatment service. Individual participants have the right to refuse participation in any religious practice.
- Be reasonably accommodated in case of sensory or physical disability, limited ability to communicate, limited English proficiency, and cultural differences.
- Be treated with respect, dignity, and privacy, except that staff may conduct reasonable searches to detect and prevent possession or use of contraband on the premises or address risk of harm to the individual or others. "Reasonable" is defined as minimally invasive searches to detect contraband or invasive searches only upon the initial intake process, or if there is reasonable suspicion of possession of contraband, or the presence of other risk that could be used to cause harm to self or others.
- Be free of any sexual harassment.
- Be free of exploitation, including physical and financial exploitation.
- Have all clinical and personal information treated in accord with state and federal confidentiality regulations.
- Participate in the development of your individual service plan and receive a copy of the plan if desired.
- Make a mental health advance directive consistent with Chapter 71.32 RCW.
- Review your clinical record in the presence of the administrator or designee and be given an opportunity to request amendments or corrections.
- Submit a report to the Department of Health when you feel the agency has violated your rights or a requirement regulating behavioral health agencies.

As a patient, you have the responsibility to:

- Share any information that may impact your care with your provider.
- Ask questions when you do not understand information or instructions about your care.
- Inform your provider if symptoms persist or worsen or you have an unexpected reaction to a medication.
- Take medications as prescribed. If taking certain medications, you may be asked to sign and follow a medication agreement.
- Provide insurance information or proof of income and family size when applying for discounts.
- Pay amounts due. Hardship waivers and discounts are available.
- Show respect to both staff, volunteers, and other patients.
- Cancel or reschedule appointments in a timely manner.
- Only use medications or medical devices prescribed for you.
- Voice your concern regarding any part of the care you receive at PCHS. Suggestions and comments are welcome.